

Troop 164 Patrol Menu & Equipment Planner – Weeklong Trek

Patrol: _____	Date: _____	Trip Name: _____
<u>Menu</u>	<u>Grocery List</u>	<u>Equipment/Special Needs</u>
Day 1 Lunch		
Fruit:		
Drink:		
Day 1 Dinner		
Vegetable:		
Drink:		
Dessert:		
Day 2 Breakfast		
Fruit:		
Drink:		
Day 2 Lunch		
Fruit:		
Drink:		
Day 2 Dinner		
Vegetable:		
Drink:		
Dessert:		

Troop 164 Patrol Menu & Equipment Planner – Weeklong Trek

<u>Menu</u>	<u>Grocery List</u>	<u>Equipment/Special Needs</u>
Day 3 Breakfast		
Fruit:		
Drink:		
Day 3 Lunch		
Fruit:		
Drink:		
Day 3 Dinner		
Vegetable:		
Drink:		
Dessert:		
Day 4 Breakfast		
Fruit:		
Drink:		
Day 4 Lunch		
Fruit:		
Drink:		
Day 4 Dinner		
Vegetable:		
Drink:		
Dessert:		

Troop 164 Patrol Menu & Equipment Planner – Weeklong Trek

<u>Menu</u>	<u>Grocery List</u>	<u>Equipment/Special Needs</u>
Day 5 Breakfast		
Fruit:		
Drink:		
Day 5 Lunch		
Fruit:		
Drink:		
Day 5 Dinner		
Vegetable:		
Drink:		
Dessert:		
Day 6 Breakfast		
Fruit:		
Drink:		
Day 6 Lunch		
Fruit:		
Drink:		
Day 6 Dinner		
Vegetable:		
Drink:		
Dessert:		

Troop 164 Patrol Menu & Equipment Planner – Weeklong Trek

<u>Menu</u>	<u>Grocery List</u>	<u>Equipment/Special Needs</u>
Day 7 Breakfast		
Fruit:		
Drink:		
Day 7 Lunch		
Fruit:		
Drink:		
Day 7 Dinner		
Vegetable:		
Drink:		
Dessert:		

Number of Patrol members eating: _____